REFLECTIONS ON PSALM 121

I lift up my eyes to the hills - from where will my help come?

My help comes from the Lord, who made heaven and earth.

Silent reflection: How ready and willing am I to rely on the Lord's help? Where, in my life, might I rely more on God?

He will not let your foot be moved; he who keeps you will not slumber.

He who keeps Israel will neither slumber nor sleep.

Silent reflection: How have I experienced God's attentiveness in my life?

The Lord is your keeper; the Lord is your shade at your right hand.

The sun shall not strike you by day, nor the moon by night.

Silent reflection: In what way am I feeling the heat of daily living? What do I need to say to God about this?

The Lord will keep you from all evil; he will keep your life.

The Lord will keep your going out and your coming in from this time on and forevermore.

Silent reflection: What tempts me to live in ways that are not consistent with God? What do I have to say to God about this? How does God respond?

We humbly gather in this place to praise you, Lord, and seek your grace, and, Holy Spirit, we now pray come, work among us every day. TALLIS CANON (22 T, hymn 64) As we go forth to do your will, Lord, guide us and your word fulfill, and show us how to work and be your blest disciples, wholly free.

Sing to the Lord a New Song: A New Moravian Songbook

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